

My Degree Map  
**TROY UNIVERSITY**

College of Health and Human Services Recommended Academic Plan  
 Exercise Science Program/Pre-Health Professions Concentration Year 2013/2014

1 <sup>st</sup> Semester Term 1-2	Hours	2 <sup>nd</sup> Semester Term 3-4	Hours
Troy 1101 University Orientation	1	ENG 1102/04 Comp/Mod English II	3

General Studies: Exercise Science/Pre-Health Profession Concentration (64 Hours)

Complete all 6 subrequirements

A: AREA I:

ENG-1101 Comp and Modern English I	3 hours
ENG-1102 Comp and Modern English II	3 hours

B. AREA II:

Group 1: Take COM 2241 Fundamentals of Speech	3 hours
Group 2: Select two courses from *ART 1133, *MUS 1131 or DRA 2200	4 hours
Group 3: Take three semester hours from the following: *ENG 2205, *ENG 2206, ENG 2211, ENG 2212, ENG 224, ENG 2245,	3 hours
Group 4: Take three semester hours from the following: *CLA 2260 , *ENG 2205, *ENG 2206, ENG 2211, ENG 2212, ENG 2244, ENG 2245, *FRN 1101, *GER 1121, *GRK 1111, *LAT 1131, PHI 2203, PHI 2204, *ANT 2280 or *SPN 1141	3 hours

C. AREA III: Take the following courses:

MTH 1112	PreCalculus Algebra	3 hours
CHM 1142/L	General Chemistry I with Lab	3/1 hours
BIO 1100/L	Principles of Biology/Lab	3/1 hours

D. AREA IV:

Group 1: Take three hours from the following: HIS 1101, HIS 1102, HIS 1111, HIS 1112, *HIS 1122 or *HIS 1123	3 hours	
Group 2: Take the following courses		
PSY 2200	General Psychology	3 hours
PSY 2210	Developmental Psychology	3 hours
SOC 2275	Introduction to Sociology	3 hours

E. AREA V: Take the following courses:

IS 2241	Computer Concepts & Applications	3 hours
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Exercise Science Program Core Requirements - Program Year 20132014 (40 hours)

Take the following courses:

NSG 3315	Pathophysiology	3 hours
BIO 3347/L	Human Anatomy & Physiology/Lab	3/1 hours
BIO 3348/L	Human Anatomy & Physiology/Lab	3/1 hours
KHP 3352	Kinesiology	3 hours
KHP 4459	Sport & Exercise Nutrition	3 hours
KHP 4474/L	Exercise Physiology/Lab	3/1 hours
KHP 4475	Exercise Test & Prescription	3 hours
KHP 4476	Lab Practicum in Exercise Performance	2 hours
KHP 4488	Issues & Practice in Cardiac	3 hours
KHP 4495	Advanced Exercise Physiology	3 hours
KHP 4496/L	Biomechanics/Lab	3/1 hours
KHP 4497	Senior Seminar in Exercise Science	1 hour
KHP 4498	Internship in Exercise Science	3 hours

Pre-Health Profession Concentration (20 hours)

Take the following courses:

BIO 1101/L	Organismal Biology/Lab	3/1 hours
BIO 3372/L	Microbiology/Lab	3/1 hours
CHM 1143/L	General Chemistry II/Lab	3/1 hours
PHY 2252/L	General Physics I/Lab	3/1 hours
PHY 2253/L	General Physics II/Lab	3/1 hours

A grade of 'C' or better is required in the program core and the concentration.