

## Department of Human Services and Social Work

### Case Management Minor

A minor in Case Management is offered to students who desire a basic understanding of the process and foundational skill sets necessary to provide case management services in a variety of settings.

### Human Services Major

The purpose of the human services major is twofold: (1) to prepare the graduate for entry level positions in a myriad of human services delivery systems where specialized training is not required, and (2) to prepare students for graduate education. The curriculum is designed to provide the student with an understanding of human behavior within the context of the social environment, an understanding of social and human service delivery systems, and basic skills in effective communication with client systems and basic skills in the development of intervention strategies to resolve interpersonal and social problems. A three-credit, 120-clock-hour field practicum is required.

### Human Services Minor

A minor in human services is offered to students who desire basic understanding of the human services delivery system.

### Social Work Major

The social work program is accredited by the Council on Social Work Accreditation and program graduates are eligible to sit for social work licensure examination. Social work licensure is required in the state of Alabama for those in the practice of social work. The principle educational objective of the social work program is the preparation of graduates for beginning level generalist social work practice. The curriculum is designed to provide the beginning-level practitioner an ability to apply an eclectic knowledge base guided by professional values; to use a wide range of intervention skills to target any-sized client system (micro to macro levels) while employing a planned change process directed toward client empowerment to work effectively, under supervision, within social service delivery organizational structures while employing a wide range professional roles. A 12-credit-hour field practicum is required (minimum of 400 clock hours).

## Department of Kinesiology and Health Promotion

One of the oldest departments on campus, Kinesiology and Health Promotion consists of four undergraduate degree options and boasts more than 500 majors in the department. These degree options include Athletic Training, Exercise Science, Health Education, & Physical Education.

### Exercise Science

If a career in physical therapy, occupational therapy, clinical exercise testing and prescription, cardiopulmonary rehabilitation, health-fitness/wellness, strength and conditioning or nutrition is in your future, a Bachelor of Science in exercise science is a perfect fit. This competitive program includes concentrations in pre-health

professions, health and wellness, or nutrition, and incorporates coursework from five academic departments spread across two colleges.

With an emphasis on preparation for entry into graduate health professions schools and the fields of physical therapy, occupational therapy, and physician assistant, you will be prepared to successfully enter into graduate health profession schools nationwide. Upon completion of the program, you will also be prepared to sit for certification examinations offered through the American College of Sports Medicine, National Strength and Conditioning Association, and other organizations in the related fields of health and fitness, clinical exercise testing, and strength and conditioning.

## Health Education

The Bachelor of Science degree in health education (Teaching Certification) prepares teachers to impact 6<sup>th</sup> – 12<sup>th</sup> grade students through concepts of health and exercise, and use



HS 3375  
HIS 4409

(3)

Environment I  
Diversity









4. K HP 3352 (3) Kinesiology and Efficiency of Human  
Movement  
OR



K HP 4460	(3)	Principles of Strength and Conditioning
K HP L 460	(1)	Principles of Strength and Conditioning Lab
K HP 4459	(3)	Sport and Exercise Nutrition
K HP 4410	(3)	Motor Development
PSY 2210	(3)	Developmental Psychology

